



Coaching Series-\$25.00
July 11th, 10:00 AM-2:00 PM

This 4 hour Coaching Series covers the fundamentals of volleyball skills and system training in addition to observation and participation in drilling. This program is open to all high school, grade school and USAV Coaches.

- 10:00AM-12:00PM
 - Break down and build the core skills: serve, attack, passing, setting.
 - Drills that will reinforce the skill techniques
 - The practice format
- Systems
 - Serve Receive-how to put a line up on the floor and maximize your personnel to win
 - Defense options
 - Free Ball Formations
- 12:00-2:00PM
 - Drilling observation of NKYVC 10-12U Clinics
 - Participation in running courts

All coaches will receive coach's guide with key words and practice plan for future reference.

Please wear gym clothes and court shoes as coaches will participate in the drilling.

The Coaching Series will be facilitated by Jill Hunt NKYVC Lead Instructor

Send questions regarding the Coaches Clinic to:
coachingdirector@nkyvc.com

NKYVC Coaching Series

NKYVC is offering their annual coaching education series Sunday July 11th, 2010 (10:00AM-2:00PM). The education series is a comprehensive approach to training the core skills in volleyball. In addition, coaches will leave with a higher level of confidence that they know how to teach and correct fundamental skills used in the sport of volleyball. As well as build a practice plan and line-up that works at any age level.

NKYVC Coaching Series Fee: \$25.00 per person-3 coaches from the same school \$20.00 each
Registration deadline is July 10th 2010.

Please mail the registration form and payment so handouts and be prepared or bring the form with you.

Checks made payable to: NKYVC, PO Box 188071 Erlanger KY 41018

Coaching Waiver

Every coach must have a completed waiver to participate in the coaching series.

The coaching series will be conducted at the NKYVC practice facility located at: Town & Country Sports Complex, Wilder, KY off of 275/AA Hwy 8 minutes from Downtown.

Name: _____ Name of School: _____ GradeLevel: _____

Email Address: _____ Phone Number: _____

INSURANCE/MEDICAL INFORMATION AND WAIVER

NAME(S) _____ PHONE _____ IN THE EVENT OF AN EMERGENCY, PLEASE CALL _____ AT THIS NUMBER _____ Family Physician _____ Phone Number _____ Please note any medical condition that NKYVC should be aware of:

I understand that neither Northern Kentucky-Ohio Volleyball Club (NKYVC), Town & Country Sports Complex, nor the staff in charge can be held liable for any accident that may occur during the course of this NKYVC sponsored activity. I also attest to the fact that _____ is covered by insurance through _____ Policy # _____. I understand that financial obligations incurred for medical services resulting from an injury while participating in this activity cannot be borne by the facility, NKYVC, it's staff or the adult(s) in charge.

Signature

Date

NKYVC is one of the premier volleyball clubs in Greater Cincinnati, Ohio Valley Region and the USA.
Visit our website and get to know all about us at www.NKYVC.com.
Have questions about joining NKYVC: nkyvc@fuse.net